

## **HEAT GUIDELINES**

### **For all outdoor activities during extreme heat conditions (excluding athletics and marching band)**

The following are the Paulding County School District guidelines to be followed during times of extreme heat conditions. These guidelines are set-up for outdoor activities by groups such as all physical education classes, middle school intramural programs, elementary after-school-programs (ASP), elementary recess, and any other groups that are non-athletic and marching band. All of the middle and high school athletic teams and high school marching bands have a separate set of guidelines they must follow.

- These heat guidelines are designed to help protect students from incurring heat related illnesses or problems. This is a guide for school personnel to refer to when making decisions or modifying and/or suspending outdoor activities.
- The best defense against heat-related conditions is Prevention. Staff focus will be on “constant surveillance” of students during high heat to help ensure student safety
- Anytime a “Code Red” Smog Alert and/or a National Weather Service “Heat Advisory” is issued for Paulding County all elementary outdoor activities will be cancelled. Middle and high school PE classes, as well as any other outdoor nonathletic/marching band activities should use extreme caution and severely limit strenuous activity. Further restrictions may come from the district office.
- The district office will monitor local heat conditions. Taken into overall consideration will be any National Weather Service Heat Advisories, Metro Atlanta Smog Alerts, readings on psychrometers and heat index monitors, and information from surrounding school districts.
- The information will be passed on to all principals, physical education teachers and elementary after-school program personnel. Depending on the information received, the district may advise certain restrictions and/or advisories in addition to what is listed above.

**Please note: The local school administrator may at any time make a decision to change, cancel or suspend any outdoor activity at their school.**

