

LET'S TALK ABOUT:



## Choices

**Dad:** Tell me about a recent choice you made. How did you make that choice and how did you feel afterwards?

**Child:** What is a daily choice you make that affects our family?

**For both:** What are ways we can choose to be joyful no matter the situation?

HUDDLE UP:

Gather your family together and talk about a big decision that may be coming up. Talk to them about the choices you have and how they can help with the decision.

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