



Health and Personal Fitness Courses



Each district high school offers the Health and Personal Fitness courses listed on the chart below. With the MYAP tool students and parents can look for the course number and title on a dropdown menu within the Academic Planner on the Portal. Also, the student may simply key the first three or four letters of the course name and then, select the Health as well as the Personal Fitness course by clicking on the correct option from the very short listing of courses.

The chart below maps out Health and Personal Fitness courses. However, for any questions about what is offered at the high school where the student attends, the district Career Planner and the individualized high school sequencing charts plus advisement information from the school counselor is available.

For any student who fails either a Health or Personal Fitness course, then, the Academic Plan in IC will denote that the course with the same number is a RETAKE course.

Important Note: Three credits worth of JROTC that are successfully completed will count for the Health and Personal Fitness graduation requirement. The JROTC courses are listed under the CTAE credit type.

HEALTH AND PERSONAL FITNESS
1 Credit Required

The State of Georgia requires students to complete one-half (0.5) credit of Health and one-half (0.5) credit of Personal Fitness in order to receive a high school diploma. Students have to option to waive Health and Personal Fitness if they complete three (3) credits of JROTC. During the Health coursework, students will complete the state's Alcohol & Drug Awareness Program (ADAP). Upon passing the program's test, students will receive their ADAP card, which is required to get a driver's license (ADAP is also completed during the JROTC I class).

8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Paulding County School District does not offer Health and Personal Fitness course in middle school that results in high school credit.	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">Health 45.0570001</div> <div style="border: 1px solid black; padding: 5px;">Personal Fitness 45.0610001</div>			

JROTC OPTION

These charts indicate some options for completing three credits of JROTC.

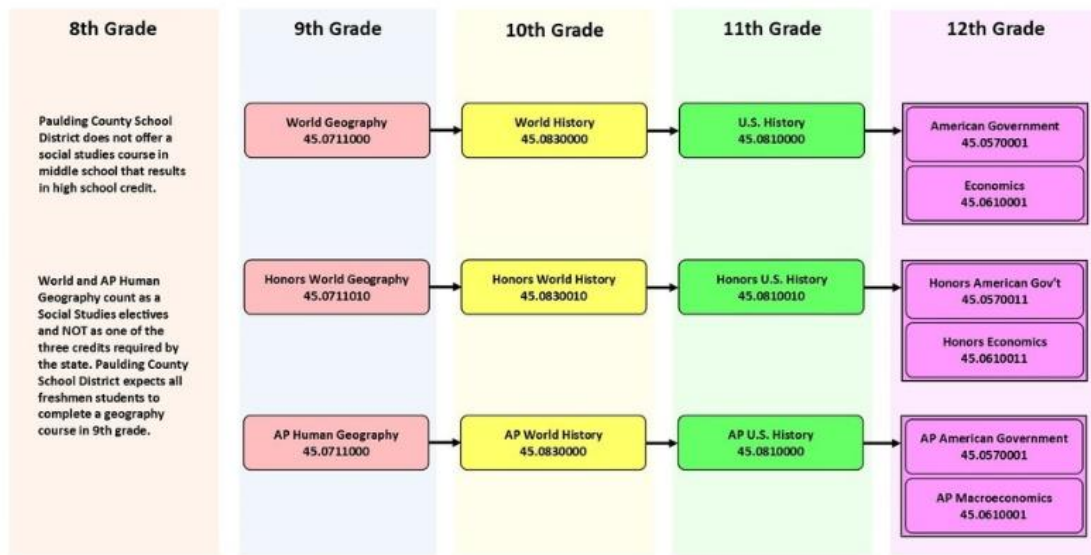
8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">JROTC I 23.0610000</div> <div style="border: 1px solid black; padding: 5px;">JROTC I 23.0610000</div> <div style="border: 1px solid black; padding: 5px;">JROTC II 23.0610000</div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">JROTC II 23.0630000</div> <div style="border: 1px solid black; padding: 5px;">JROTC III 23.0630000</div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">JROTC III 23.0510000</div>	

Academic Plan Instructions: The only courses listed on the Health/Personal Fitness will be Health and Personal Fitness (all other PE courses will be listed on the Electives row of your plan). If you fail either of these courses, you will need to add the failed courses as a "RETAKE" during another year of your plan (you must account for passing both courses). If you choose the JROTC option, you will list the three (3) JROTC courses on the CTAE row of your plan, and the Health/Personal Fitness row will remain unused. This may result in a warning when you save your plan; however, three JROTC credits will substitute for Health and Personal Fitness. If you have any questions, see your counselor.

SOCIAL STUDIES

3 Credits Required

The State of Georgia requires students to complete three (3) credits of social studies in order to receive a high school diploma (World History, U.S. History, and Government/Economics). Please note that Paulding County School District has its students take World Geography in 9th grade. World Geography counts as a social studies elective, not one of the three required by the state. A student must meet the qualifications to take Honors/AP courses: an 85 or higher in the previous social studies class and a teacher recommendation.



Academic Plan Instructions: The courses listed on the Social Studies row of your Academic Plan should match one of the sequences shown above. **World Geography** MUST be listed on the Electives of your plan. On the Social Studies row, **you must select BOTH Government and Economics for Grade 12** (on-level and Honors count as 0.5 credit each, whereas the AP versions will be worth one credit each). If you fail a social studies course, you will need to add it as a "RETAKE" during another year of your plan (you must account for earning the three required credits). If you have any questions about your social studies courses, see your current social studies teacher or your counselor.