



American
Foundation
for Suicide
Prevention

*Supportive Resources for the Release of the Netflix Series **13 Reasons Why** - Season 2*

As you may know, the Netflix series, 13 Reasons Why season two, will be released this Friday, May 18th. The first season, which was extremely popular with teens and young adults, followed the story of a high school girl's (Hannah) suicide, including scenes involving bullying, sexual assault and suicide portrayal. In season two, we have learned that the show will focus more on themes of recovery as the school community copes with the aftermath of a suicide loss, suicide attempt and sexual assault.

If you are seeking information to share with faculty, students and their families, the Georgia Chapter of the American Foundation for Suicide Prevention is here to support you with a number of helpful tools and resources including:

- ? *AFSP and 13 Reasons Why - AFSP's web page providing guidance and resources for teachers, parents and young adults who view the show.*
- ? *Teens and Suicide: What Parents Should Know - AFSP's web page that you can link to in your parent newsletters, website and social media accounts.*
- ? *More Than Sad - AFSP's national suicide prevention education program for middle and high school faculty, parents and students. We also have our Talk Saves Lives*

- general community education program on suicide prevention.*
- ? *After a Suicide: A Toolkit for Schools - Developed in collaboration with the Suicide Prevention Resource Center, this free in-depth guide offers best practices and practical tools in the aftermath of a suicide that impacts the school community.*
 - ? *Seize the Awkward - Our national peer-to-peer PSA campaign that helps teens and young adults be more comfortable talking to each other about mental health and when to get help. Includes humorous videos and vlogs from YouTube stars to make the topic more approachable. Great to use as a discussion tool in classroom or in peer-to-peer outreach efforts.*

*Our AFSP chapter is here to be a resource for you. Please contact us if you have any questions or if you would like to schedule a suicide prevention education presentation, using either our *More Than Sad* or *Talk Saves Lives* programs. We do all of our education programs at no charge.*

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**If you need help, or are concerned about someone who does,
reach out immediately to:
1-800-273-TALK or text HELP to 741741**



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Georgia

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