

HERSCHEL JONES MIDDLE SCHOOL INTRAMURAL PHILOSOPHY

The philosophy of the Herschel Jones Middle School Intramural program is that each student should have the opportunity to participate in recreational activities. The program is designed to attract the maximum amount of students; this is achieved by offering a variety of games and activities. These activities and games can be competitive and non- competitive.

LIST OF POSSIBLE ACTIVITIES

TEAM GAMES

**Team handball
Volleyball
Basketball
Whiffleball
Pole ball
Kings court volleyball**

OTHER ACTIVITIES

**Card and board games
Teacher-student challenges
Dodgeball**

INDIVIDUAL GAMES

**Badminton
Bowling
Gotcha
Pickle Ball
4-Square
Open gym
Weight training**

HERSCHEL JONES MIDDLE SCHOOL INTRAMURAL PROGRAM

Intramural sessions will be held Monday through Friday morning from 7:15 a. m. until 8:15 a. m. in the gymnasium. Students arriving early will wait in front of the gym until the teacher opens the doors. Students arriving after 7:30 will be sent to the front of the school to wait on the bell.

Students will not be required to change clothes for intramurals. However, all participants must wear tennis shoes. If a student needs to change clothes either before or after participation, he or she will be allowed to change in the locker-room. The locker rooms will remain locked during all intramural sessions.

Students will sign in at the gym each morning so that attendance can be tracked. All students in attendance at an intramural session must be active participants except in the case of special events or game or activity spectators.

AT NO TIME is a student to leave the gym without first asking the teacher in charge! Students will use the restrooms and water fountains located in the gym lobby. A student who brings a pass from another teacher may leave intramurals at the time indicated on that pass. All other students are to remain in the gym for the duration of the intramural sessions.

BEHAVIOR

Students are expected to act in an appropriate manner before, during, and after intramural sessions. In order to fulfill our philosophy of having the maximum number of participants enjoy success in recreational activities we must create and adhere to general behavior guidelines for all intramural participants.

1. Students will have the opportunity to participate in any scheduled activity, regardless of skill level.
2. Students will be able to choose their own teams and play grade appropriate opponents in various games and activity.
3. Students will wait for the supervising teacher to take equipment out of the equipment room. Students will help set up and put equipment away when necessary.
4. Students will display appropriate cooperation and sportsmanship at all times. AT NO TIME WILL RUDE OR INAPPROPRIATE COMMENTS BE TOLERATED. Students are to encourage rather than criticize or discourage others. ANY PHYSICAL CONFRONTATIONS WILL BE DEALT WITH SEVERELY.

PENALTIES FOR MISBEHAVING

Students will be given one or more verbal warnings depending on the severity of the infraction. Students who display continuous acts of unsportsmanlike conduct, rough play, or general disobedience may be asked to sit out that day's session. The next time that the student exhibits poor behavior, he or she will be denied the privilege of attending intramurals for two days.

The THIRD TIME the student has a problem he or she will be asked not to return to intramural until a parent- teacher conference can be scheduled. It is the responsibility of the student to ask his or her parent to schedule a conference.

The administration reserves the right to deal with any situation of misbehavior as they deem necessary.

NEWSLETTER AND ANNOUNCEMENTS

Students may volunteer to help produce an intramural news article. The article will come out once every nine weeks or once every semester, and will serve to announce upcoming events, recap the events of the last nine weeks or semester and will include stories of interest to students who have been involved in intramurals. Any student may submit an article, as long as the topic deals with intramural activities.

**HERSCHEL JONES
MIDDLE SCHOOL INTRAMURAL PROGRAM**

PERMISSION FORM

**My child, _____, has my
permission to participate in**

The Intramurals Program at Herschel Jones Middle School.

**“I have read the information regarding the Intramural Program and
agree to abide by the guidelines and procedures.”**

Student’s Signature _____

Date _____

Parent’s Signature _____

Phone _____

Student’s Grade _____ Student’s Homeroom

Teacher _____

Please list any medical conditions and/or medicine issues:
